



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2020

### Sporting Excellence in Karate

### National Level

## Harry Shrubbs

This is to certify that Harry Shrubbs has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Harry competed at the highest level of British Karate in 2020 winning the medals and titles listed below:-

### Championship Success - 1 Silver 1 Bronze

**Yorkshire Open Championships** - 26<sup>th</sup> January, Barnsley

Silver - Individual Kumite

**English National Kyu Grade Championships** - 22<sup>nd</sup> & 23<sup>rd</sup> February, Birmingham

Bronze - Individual Kata

Congratulations on your outstanding sporting achievements throughout 2020. These performances and results have made you one of the top karate athletes in the country in your age group. Well done Harry.

Sensei Wayne Clarke 4<sup>th</sup> Dan

Head Coach - The Hull & East Riding Karate Academy

